

BCV



present
God's presence in every home

Sabbath

GETTING READY...

Day

What day will you set aside?

Season

What does Sabbath look like for you in this season of life?

Delight

What can you do to make Sabbath special? What brings you delight?

Preparation

What practical preparations will you need to make in order to enjoy Sabbath?

Gratitude

How might you intentionally practice gratitude and contentment on your Sabbath?

Obstacles

What is likely to get in the way of Sabbath for you and your household?
